## Kitchen to compost







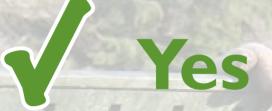








## Put your kitchen waste to good use and reduce landfill



- Potato peelings
- Vegetable peelings
- Egg shells
- **√** Cardboard egg trays
- Tea bags
- **Uncooked fruit**
- **Carrot tops**
- Coffee grounds
- **Brussels sprout stalks**



- X Fish
- **X** Cakes
- **X** Bread
- **X** Bones
- **X** Pasta
- X Liquids eg custard, gravy
- X Dairy products



- X Meat
- X Cooked food

























www.homecomposting.org.uk Home composting Community Composting Network www.communitycompost.org 'All about compost' by Pauline Pears and Charlotte Green www.gardenorganic.org.uk/schools

food **PARTNERSHIP** 

Food Growing gardenic Manual





www.foodforlife.org.uk