







Documenting experiences

Method	Pros	Cons
Questionnaire - 10 written questions including choices and open-ended questions.	 Collected large amount of information quickly. Allowed data to be collected in consistent, rigorous way. 	 People often give brief responses so important nuances could be lost. Risk of 'survey fatigue'. Difficult for people if English is not their first language.
Video – people were given two key prompts to talk about, then talk freely for about two minutes.	 People speak more freely giving more cultural context. Avoids constraints of survey fatigue. Well suited for case studies. Brings information to life. 	 Only more confident people want to be interviewed. Time consuming to produce so only allows a smaller sample of people to be surveyed.
Semi-structured interview - 10 open-ended questions, and the interview recorded.	 Less intimidating than being recorded on video. Brings information to life and captures more nuanced information. 	© Takes longer to process than a questionnaire so this is more suitable for a smaller number of case studies.
Visual selection of plants - we presented a selection of mixed varieties growing at the Comfrey Project, and asked people to select the one that they would most want to use.	 This provided a good instant and visual comparison. It was engaging as it involved handling real plants in context. 	Need interview or dialogue to establish the cultural reasons behind the selection.